

Top Card (Lifestyle Priorities) - STRENGTHS & CHALLENGES

	<i>STRENGTHS</i>	<i>CHALLENGES</i>
COMFORT	<p>Easy going, easy to please. Easily satisfied. Flexible. Content. Loyal and supportive. Dependable doing what you do well. Happy to go along if minimal stress involved. Predictable. Diplomatic. Minds own business.</p>	<p>Avoids stress. Leaves well enough alone. Less interested in personal growth. Comfort trumps the needs of the situation. Doesn't like change. Withdraws from conflict when feeling cornered. Unwittingly invites others to feel bored or annoyed.</p>
CONTROL	<p>Willing to take charge. Organized. Get things done. Persistent. Doesn't give up. Reliable. Faithful. Likes rules and follows them. Plans ahead. Others feel taken care of.</p>	<p>Controlling. Too detail oriented. Lacks flexibility and spontaneity. May not be aware of the needs of others. May create social & emotional distance. Feels criticized when none intended. Unwittingly invites rebellion.</p>
SUPERIORITY	<p>Loves learning and growing. Idealistic. Altruistic. Self-confident. Generous. Highly motivated. Willing to work hard. Open to new possibilities.</p>	<p>Over-extended and overwhelmed. Underestimates abilities of others. Likes being the best. Needs recognition. Likes to be right—or avoid being wrong. Critical (of self and others). Unwittingly invites others to feel inadequate.</p>
PLEASING	<p>Loving and lovable. Friendly and has many friends. Considerate. Gives a lot. Peacemaker. Compromiser. Avoids creating conflict. Cooperative. Willing to volunteer.</p>	<p>Oversensitive. Avoids dealing with conflict. Needs approval. Gives in and compromises too much, then feels resentful. Easily hurt. Feels rejected when none intended. Unwittingly invites annoyance when feeling unappreciated for so much giving.</p>